

Here is the list of what you should bring to camp. The most important thing for you to remember is to bring old, comfortable clothing. Nothing fancy or special. Your clothing will probably return home damp and dirty....but we promise you will have a fun week!

Check off each item as you pack AND write your camper's name on everything!

It is important that you bring everything on this list.

We do not have supplies at camp.

Two pairs of jeans, sweatpants or any long pant
Five short-sleeved T-shirts and one long-sleeved T-shirt
Two sweatshirts (or sweaters, but sweatshirts dry more easily)
One jacket or windbreaker
One raincoat/poncho - VERY IMPORTANT (Umbrellas don't work in the summer wind)
Six day supply of socks and underwear (yes, important for sports)
Two swimsuits
One bathrobe or cover-up (can be a long T-shirt) to wear to the shower house
Two pairs of tie sneakers (very important for sports!)
One pair of flip-flops or beach sandals
One pair of pajamas
One hat for sun protection
One sleeping bag, one pillow, one pillowcase
One stuffed animal
Three towels – one beach towel and two bath towels
Feminine hygiene products if needed (We do not provide)
One flashlight with batteries please label with your camper's name.
A favorite book, if you read during free time or before bed
Face soap, toothbrush, toothpaste, deodorant, comb/brush
Chap Stick, shampoo, conditioner, bug spray, sunscreen
Prescription or over-the-counter medications*
*All medications, prescriptions or over-the-counter medications, should be in original
packages, clearly labeled with the camper's name, name of medication, dosage and directions
for use. Please be sure any inhalers or EpiPens are unexpired. The camp nurse holds all
medications for the duration of camp.

Three pairs of shorts

• TWO PIECES OF LUGGAGE PER CAMPER! Luggage tags will be at the bus stops.

• No cell phones, iPods, iPads, electronic toys (Counselors will take all electronics!)